GRANT SEARLES, M.D. Phone: 907-277-1197 Fax: 907-277-1139 1200 Airport Heights Dr. Suite 350 Anchorage, AK 99508

| | PATIEN | T INFORMATIO | N | | | |
|--|---------------------|------------------------|-------------------|------------|-------------|---------------|
| Name: | | | | _ Gender | : Male | Female |
| Date of Birth: | Age: | Social Securit | y #: | | | |
| Physical Address: | | | | | | |
| Mailing Address: | | | | | | |
| Employment Type: Full-time Part-time | Student (full-time) | Student (part-time) Re | etired Unemployed | Disabled | Homemaker | Self-employed |
| Occupation & Employer: | | | | | | |
| Home Phone: | _ Leave det | ailed information | Leave only a | a callback | number | |
| Work Phone: | _ Leave det | ailed information | Leave only a | a callback | number | |
| Cell Phone: | Leave det | ailed information | Leave only a | a callback | number | OK to text |
| Email Address: | | | | | | |
| Marital Status: Single Married Div | vorced Widow(| er) Spouse Name: | : | | | |
| Spouse Date of Birth: | | | | | | |
| Spouse Phone: | - | | - | | Unemployed | Retired |
| • | | CE INFORMATI | ON | | | |
| PRIMARY INSURANCE: | | | | | | |
| Policy ID/Member #: | | | | | | |
| Subscribers Relationship to Patient: | | skip to secondary in | - | | | - |
| Subscriber Name: | | | | | - | |
| Subscribers Date of Birth: | | | | | | |
| | | | - | | | |
| SECONDARY INSURANCE: | | | | | | |
| Policy ID/Member #: | | | - | | | |
| Subscribers Relationship to Patient: | | skip to Patient Care | | | Spouse | |
| Subscriber Name: | | | | | | |
| Subscribers Date of Birth: | | | • | | | |
| PA | ATIENT CAR | E TEAM INFORM | AATION | | | |
| Referring Physician: | | | | | | |
| Primary Care Physician: | | | | | | |
| Other Physicians on your care team: | | | | | | |
| EM | ERGENCY C | ONTACT INFOR | MATION | | | |
| Emergency Contact: | | | | | | |
| Phone: |] | Relationship to Pa | tient: | | | |
| By signing below, I authorize this offic | e to release a | ny information neo | cessary to expe | edite payn | nent. Prote | cted health |

information may be disclosed to another covered entity for select health care operation such as payment activities, treatment, quality assessment activities, and other purposes. I have signed a copy of the Office Policy and been offered a copy of the Notice of Privacy Practices. I understand the organized health care arrangement has the right to change this notice at any time and that I may obtain a current copy by contacting the office. Regardless of insurance coverage I also understand that I am ultimately responsible for all charges, including attorney's fees and collection costs.

GRANT SEARLES, M.D., FACS 1200 Airport Heights Dr., Suite 350 Anchorage, AK 99508

Office Policy

Appointments and Patient Noncompliance

We recognize that your time is valuable, and we will make every effort to maintain the scheduled appointment times. You will be asked to come to the office at least 15 minutes early to allow time for updates to your contact information. However urgent situations sometimes disrupt our schedule, and we ask for your understanding and patience during these delays. We will make every effort to keep your wait time to a minimum.

If you are unable to keep your appointment, please call. Late arrival may necessitate rescheduling your appointment. Cancellations should be made as early as possible, and we must be notified no later than 24 hours beforehand. If a patient does not call within 24 hours to cancel or fails to keep a second appointment a \$50.00 charge will be applied. Failure to show up for an appointment where no cancelation notice was given will be noted in your chart as a "No Show". Additionally, if three such events occur, we may ask you to find a new provider.

We are here to provide the highest standard of medical care. As such we reserve the right to terminate our healthcare relationship with you. You would be notified in writing via certified mail. We will continue to provide <u>emergency/urgent</u> care for 15 days, after 15 days we will no longer provide any medical services.

Emergencies and After-Hours Calls

When the office is closed and it's a **medical emergency** you should **call 911.** You can reach our answering service by calling our office and pressing option **2** regardless of the hour. The answering service will ask your name, telephone number, and the reason for your call. This information will be relayed to the doctor on call <u>regardless of the hour</u>. For routine questions and refill requests, we ask that you please call the office on the next business day or leave a message on the phone.

Insurance Coverage and Our Financial Policy

You will be asked to provide your insurance card(s) at every visit. This is to ensure that the information we have is correct, and that your plan is current and one in which we participate. Out of date cards with incorrect information or the wrong insurance cards can cause unnecessary delays in the payment of your claim.

Frequently, small changes (for example, a group number change or plan change) may not be considered significant by patients, but insurers will not process claims that are not 100% accurate.

All office co-pays are to be paid at the time of service. If the co-pay cannot be made at the time of service, your appointment will be rescheduled to a later date when you have the funds available to accommodate your co-pay. **This is also an insurance company policy.** We accept checks, credit cards, or cash.

We will submit insurance claims for our patients. However, the agreement of the insurance carrier to pay for medical care is a contract between **you** and the **carrier**. You should direct any questions and/or complaints regarding coverage to your insurance carrier, your employer (if in a group plan), or to your agent.

Insurances vary in their coverage, and it is the **patient's responsibility** to understand his/her medical benefits. There may be limitations and exclusions to coverage. The patient portion is set by the insurance company. Patients are responsible for any co-insurance, deductibles, and any other non-covered billable services. We are **only** contracted with Blue Cross, Tricare, VA, Medicare, and Medicaid. We are only a preferred provider with Blue Cross.

Payments

Balances are due within 30 days of when the bill is issued. Bills will be issued after the insurance carrier pays its portion of the bill. We accept checks, cash, and credit cards. In addition to paying through the mail, credit card information may also be called to the billing office during business hours at 770-2380. <u>Any patient whose personal check comes back with insufficient funds will be charged a fee of \$40 in addition to the original bill</u>.

By signing below, I have reviewed the office policies listed above. I understand the organized health care arrangement has the right to change this notice at any time and that I may obtain a current copy by contacting the office. Regardless of insurance coverage I also understand that I am ultimately responsible for all charges, including attorney's fees and collection costs.

Patient Health History Form

Date:

| Name: | | DOB: | |
|------------------------------|--|----------------------|---|
| Past Medical History: | Please check all that apply to you Bleeding/Tendency to Bleed | | |
| Acid Reflux disease | | □ Intestinal Disease | Sleep ApneaSleep Distrubance |
| (heart burn) | Gallbladder Disease | Thyroid Disease | □ Other |
| Depression | High blood pressure | Liver Disease | |
| Diabetes | | | |

Surgical History: Please list your past surgeries in chronological (time) order:

| Date | Type of operation | Reason for surgery | Hospital | Doctor |
|------|-------------------|--------------------|----------|--------|
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |

Radiation History: Please list any radiation therapy/treatment you've had in chronological (time) order:

| Date started | Date stopped | Area of body treated | Hospital | Doctor |
|--------------|--------------|----------------------|----------|--------|
| | | | | |
| | | | | |
| | | | | |

Other Hospitalizations: Please list any other hospitalizations in chronological (time) order

| Date admitted | Reason for hospitalization | Outcome/diagnosis | Hospital | Doctor |
|---------------|----------------------------|-------------------|----------|--------|
| | | | | |
| | | | | |
| | | | | |

Medications: Current prescription and over the counter medications/supplements/herbal remedies

| Medication | Dosage | Frequency | Date started | Reason |
|-------------|--------|---|--------------|--------|
| Eg: Tylenol | | 2x daily | 01/01/2001 | Pain |
| | × · | ~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~ | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| - | | | | |

| Do you drink alcohol? The Yes The If yes, how much/week? |
|--|
| Do you smoke? The Yes The If yes, how many cigarettes/day? |
| Have you smoked in the past 10 years? Types The If yes, how long? |
| Do you use recreation drugs? DYes DNo If yes, what type and frequency? |
| Do you consume caffeine? Types No how many cups/week? |

Patient Health History Form Date:_____

| | DOB: | | |
|-----------------------------|---|---|--|
| u know of any blood relativ | ve who has or had: | | |
| Diabetes | Nervous Disorder: | Mental Disorder: | |
| Heart Disease | | | |
| High Blood Pressure | | | |
| | | • Other Family Disease: | |
| Chronic Arthritis | □ Cancer: | | |
| Emphysema | | | |
| | Diabetes Heart Disease High Blood Pressure Kidney Disease Chronic Arthritis | u know of any blood relative who has or had: Diabetes Heart Disease High Blood Pressure Kidney Disease Chronic Arthritis | |

Review of Sypmtoms: As you review the following list, please check any problems or conditions that you are currently experiencing or have experienced in the recent past

General Health

□ Recent weight change Loss of appetite □ Fatigue □ Rheumatic Fever □ Abnormal Bleeding Bleeding Disorer: Easy Bruising Blood Clots/DVT \Box Lump(s) in Breast(s) □ Pain in Breast □ Nipple Discharge Diagnosed with HIV/AIDS Diagnosed with Hepatitis

Ears, Nose, Throat

Earaches Decrease in Hearing Loss of hearing/deafness Ringing/Buzzing in ears Persistent Nose Bleeding □ Sinus Trouble Difficulty swallowing □ Hoarsness/Voice Changes □ Sore Throat □ Thyroid Trouble or Goiter Thyroid Medications or Tests □ Sputum Production □ Other:

Eves Glasses/Contacts Cataracts Other: Gastrointestinal □ Acid Reflux Disease (Heart Burn) □ Nausea □ Vomiting □ Stomach/Liver/Intestinal Issues Persistent Diarrhea □ Constipation Blood in stools Hemorrhoids Abdominal Pain Other:

Genitourinary Female: Period Onset Age □ Female: #pregnancies #miscarriages_____ #abortions_____ #births Female: Last Period Date Female: Period Length Female: Periods Interval Female: Menopause Age Gerale: Irregular Periods □ Female: Vaginal Discharge □ Female: Vaginal Bleeding After Intercourse □ Female: Excessively Painful Periods □Male: testicle pain R L □ Male: prostate disease □ Frequent Urination □ Passing Urine at Night □Painful or burning urination Sexual difficulty □ Kidney stones Blood in urine □ Recent Urinary Tract Infection Other: Heart □ Pain in chest □ High blood pressure Pressure in the Chest □ Irregular heart beat Heart Disease Congestive Heart Failure Other:

Neurological

- Dizziness □ Fainting Spells
- □ Sensations of Spinning
- □ Headaches/Migraines
- Unusual Forgetfulness
- Other:

Sleep

- □ Sleep Apnea
- □ Snoring
- Do you sleep well? Yes No

Do you feel rested when you wake? □Yes □No Do you fall asleep during the day? QYes No

Pulmonary □ Asthma Coughing Up Blood □ Chronic or Frequent Cough Deneumonia □ Shortness of Breath □ Tuberculosis (TB)/Possitive TB Test Pulmonary Embolisim (Blood Clot in Lungs) Muscles/Joints/Bones Back Pain Bone Pain □ Muscle Weakness □ Muscle Pain/Tenderness □ Difficulty walking □ Arthritis Skin Rash □ Itching • Other: Psychiatric Depression □ Anxiety Other: Females Only: Taken Hormones What Hormone Dosage When How Long Were you on it Allergies List any medications, food, and/or latex products and your reaction to them:

Diet and Weight Loss History:

| Patient Name: | | | Date of Birth: | | |
|-----------------|-----------------------------|--------------------|--------------------|-----|----|
| Height: | Current Weight: | BMI: W | Veight 1 year ago: | | |
| Age you becam | e morbidly obese: | Are you at your hi | ghest weight ever? | Yes | No |
| If you answered | l no, what was your highest | weight and when? | lbs Date: | | |

| Medical and Health Care Treatments: | | | | |
|---|--------|------------|--|--|
| Previous gastric surgery/stomach stapling | Mo/Yr: | Lbs. Lost: | | |
| Jaw wiring | Mo/Yr: | Lbs. Lost: | | |
| Other surgery: | Mo/Yr: | Lbs. Lost: | | |
| Acupuncture | Mo/Yr: | Lbs. Lost: | | |
| Hypnosis | Mo/Yr: | Lbs. Lost: | | |
| Other | Mo/Yr: | Lbs. Lost: | | |

Please List all diet programs you have done in the past five years:

| Diet Program | Treatment Date | Duration | Total Weight Loss | Pounds Regained |
|------------------------------|----------------|----------|-------------------|-----------------|
| Dietitian | | | | |
| Physician Supervised | | | | |
| Weight Watchers | | | | |
| Jenny Craig | | | | |
| Overeaters Anonymous | | | | |
| Nutri System | | | | |
| Phen-Fen | | | | |
| Redux | | | | |
| Meridia | | | | |
| Amphetamines | | | | |
| Xenical | | | | |
| Optifast | | | | |
| Slimfast | | | | |
| Emphedra | | | | |
| Herbal Life | | | | |
| Metabo Life | | | | |
| Behavior Therapy | | | | |
| Psychotherapy | | | | |
| Exercise Program | | | | |
| Self-initiated or Fad Diets: | | | | |
| Other Treatment/Program: | | | | |

At each age below, please check the best description of how heavy you were in comparison to your peers.

| Age 5-10: | Below Average | | Ave |
|------------|---------------|--|-----|
| Age 11-16: | Below Average | | Ave |
| Age 17-22: | Below Average | | Ave |
| Age 23-28: | Below Average | | Ave |
| Age 29-34: | Below Average | | Ave |
| Age 35-40: | Below Average | | Ave |
| Age 41-45: | Below Average | | Ave |
| Age 46-50: | Below Average | | Ave |
| Age 51-55: | Below Average | | Ave |
| Age 56+: | Below Average | | Ave |

| Average | Heavy |
|---------|-------|
| Average | Heavy |
| | |

| Obese | |
|-------|--|
| Obese | |

| Morbidly Obese | |
|----------------|--|
| Morbidly Obese | |
| | |